Very important to me

SORTING PILE

Important to me

SORTING PILE

Not important to me

SORTING PILE

Being a good student

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being good at sports

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being good at music

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being a good friend

From Values Card Sort for Kids by Aria E. Fiat, PhD

Spending time with family

From Values Card Sort for Kids by Aria E. Fiat, PhD

Helping others

From Values Card Sort for Kids by Aria E. Fiat, PhD



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Being a kind person

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Being good to my sibling(s)

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Being popular/famous

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Making my parent(s) or family proud

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Having money or material things

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Being responsible

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Relaxing or enjoying life

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Being respectful

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Being creative

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Being honest

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Being someone people can trust or count on

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Learning new skills

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Having lots of knowledge

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Working hard and not giving up

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Being organized

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Having fun

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Being able to do things on my own

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Being a good role model

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Being able to forgive people

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Being good at art

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Being good at hobbies

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Accomplishing what I set my mind to

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Being strong or in good physical shape

From Values Card Sort for Kids by Aria E. Fiat, PhD

Being healthy

From Values Card Sort for Kids by Aria E. Fiat, PhD

Having a career

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Being fair

From Values Card Sort for Kids by Aria E. Fiat, PhD

Standing up for what is right

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Making good decisions / choices

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Being funny / making people laugh

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Being accepting or understanding of others

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Having an open mind

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Being in control of my thoughts, feelings, or actions

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Being who I am

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God / my religion

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Honoring my parents or ancestors

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Spending time in nature

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Helping animals

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Helping the environment

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Feeling good about myself

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Feeling safe and secure

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Being a loving or caring person

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Being generous or giving to others

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Other value

Other value

Other value



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About the youth deck

The values on these cards are from Values Card Sort for Kids by Aria E. Fiat, PhD, and appear here with her permission. Her deck is available from Cincinnati Children's.

Adapted with permission. Her three cards about helping others are combined into one, and each card starts with a capital letter. Everything else follows her wording.

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To use the deck, sort every card into one of the three piles, then choose the five that matter most and put them in order. A parent, teacher, or counselor can read the cards aloud and help.

Printing

- Print at actual size, not fit to page. Card stock holds up best.
- For the version with backs, print double-sided and flip on the long edge.
- For the Avery version, use Avery 5371 or another 2 by 3.5 inch business card sheet with ten cards per page.

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